

Communion with Sophia A Divine Feminine Soul Retreat

Sedona

Feb. 23-26, 2023

SuzanneAlexandria.com



*Sophia is a Name for many things:
Mother God. Goddess. Wisdom.
And, of course, through it all...is Divine Love.*

Will you allow Sophia to awaken in you some brand new experiences?

Sedona Retreat 2023

Brought to you by Alexandria International

Sedona calls you when you are ready. She is a force to behold. This, I know.

She is Mother Earth in all her history and pain and glory. She is red, she is hot, she is precious and vital. She has offered space for humans to celebrate, align, expand, and

to give homage to their versions of the sacred divine in its many manifestations for millennia. Many native tribes have worshipped there and still do.

This retreat is about holy divine connection: Spend a long weekend with spiritual healer souls on paths of deep inner discovery & sacred outer communion. (And that does include laughter and dancing and movement fun along the way.)

Our days & evenings together are designed to align you more deeply in the knowing, recovering, and rediscovering parts of you that may seem missing, or nearby, yet unfathomable to you yet. They are designed as a deep communion with your soul.

Who ARE you, beloved?
What calls to you now?
Do you know your truest self?
Do you know your Guides and Guardians deeply?
How do you realize your fullest expression of Light as you, in you,
in this gorgeous body, on this gorgeous land?

Those are questions you will be investigating through ceremonial angelic attunements + self-inquiry during our time together. Your job is to ask for what you want, and then allow the Divine to work through and with you. As you. For you. For the highest good of all involved.

Investigate. Attract. Explore. Turn on your senses. Let the land, food, waters, people, sounds and the sun support you as you explore Divinity more thoroughly on the interior...in order to make far more sense of your exterior. With spirit. For your highest good and the highest good of those you love, serve, and witness.

Sacred Intentions of this Retreat Time Together

This retreat is designed to assist twelve beloved sisters to journey together with their angelics to receive a brand new shakti energy alignment through a series of 5 activations with our mentors including: Isis. Kali Ma. Mother Mary. Mary Magdalene. Kuan Yin.

It's also designed for you to Be, in many other forms: Play. Relax. Dance. Walk. Dine. Soak. Rejuvenate.

To be clear, this is rich soul work. And this investment in yourself will transform you in ways you cannot yet imagine. Set the stage for the newest chapter of your

life and your creatrix self within the sanctity of this fellowship of sisters and angels.

We Offer:

- **Communion:** Inside, and out.
- **Understanding:** What/Who/How is Your Sacred Soul? What color is your light? How do you connect as Your Soul? How do you channel from that perspective? Our intention is that you complete this process having a more formal understanding of who you are at a deep, sacred, highest-self-soul level, through many various interactions to help you see, hear, feel, understand, and invoke your spiritual essence.
- **Devotion:** To what are you devoted? Why? How will devotion to a higher way serve you?
- **Nourishment:** Delicious, nutritious food. We provide light breakfast, snacks, lunches and dinners.
- **Sacred Nature:** Through walks, hikes, time to be alone and with others. The space offers many places to journal, sit, meditate, talk with others, commune in a hot tub, use an outdoor shower, sit around fire pits. Those staying at a nearby hotel can safely leave belongings, changes of clothing, etc. to feel comfortable throughout the days, returning to your rooms as you like and after each full day of communion.
- **Friendships:** organically. Meet the sacred Divine in nature, the land, and among yourselves as we spend three days in ancient and modern ritual to reconnect with that which is truly our abundance state.
- **Divine Feminine Mystique:** Through prayer, ceremony, experience, allowance.

Overview of Support Provided

- Throughout this weekend, you will be guided through a series of sacred heart-opening ceremonies led by Suzanne channeling her/your Guides, The Council of Love, Ascended Masters Kuan Yin, Kali Ma, Isis, Mother Mary, Mary Magdalene and more, and fully supported by Archangels and the Seraphim Angelic Realm. Naomi will be assisting with activations, intuitive guidance, and nurturing care.
- Full, customized personal & angelic support of this spiritual activation process. Assistance with questions & energy needs & understanding that arise.
- Shamanic energy assistance and guidance with spiritual guide and shamanic healer Naomi Kamla.
- Throughout the retreat, Naomi and Suzanne will offer one-on-one support for anyone seeking guidance through the experiences of attuning and releasing. The center offers many spaces to meet, discuss, or work privately or in small groups and you will be honored in using time as you see most helpful for your journey.
- Additional personalized focus and intentional guidance through 1 one-on-one 90-minute session with Suzanne after the retreat to help you integrate your experience.
- One group call prior to the retreat and one after for support, planning, understanding, & integration.

Itinerary

Thursday Feb. 23

5-7pm	<p>Arrive, meet each other, light snacks, enjoy the space we will be in for 3 days. Read, journal, enjoy an outdoor shower or a sit in the hot tub, enjoy a walk/hike on the ancient road that backs up to Sol Feather.</p> <p>Because travel is from many places, we're leaving this open as an afternoon meet & greet with dinner provided. You may arrive earlier in the afternoon and enjoy the space.</p>
7-9pm	<p>Opening Invocations, Intentions and Ceremony with our guides & loved ones. Suzanne leads you through a detoxifying introduction to the process of the retreat with Ascended Master Isis, for you and with you.</p> <p>You are going to the Altar to be Altered. What do you want from this experience? How do you want it to help you transform?</p>
9:30-10:00pm	<p>Closing gratitude circle guided by Naomi leading breathwork, and Suzanne offering energy balancing.</p>
10:00	<p>Shuttles to Oak Creek hotels as needed.</p>

Friday Feb. 24

Morning 7:30	<p>Be ready for pickup at your Oak Creek hotel by 7:30 for pick-up to meet at Sol Feather for light breakfast and travel to a Cathedral Rock Lookout Point for our first morning attunement: Divine Feminine Codex Activation with Suzanne Alexandria and Kali Ma</p>
10:30am-12pm	<p>Break: options include: A short hike, hot tub, coffee and gathering, meditation, etc.</p>
12-1pm	<p>Luncheon provided</p>

1-3pm	Divine Feminine Codex Activation with Suzanne Alexandria and Mother Mary: Who Am I? What Does My Soul Look Like? What Color Is It? Deep anointing and invocation of your shakti soul light with divine codex awakening. Who are You, in relation to The One Mother?
3-4pm	Break.
4-6pm	Shamanic Tobacco and Heart Opening Ceremony with Shaman Walking Crow.
6-7pm	Dinner together, with Walking Crow.
Evening 7-9pm	Fun, gathering, hot tub or fire pit experience. One-on-one shamanic work with Naomi and Suzanne. This is a time you may wish to venture into Sedona if you desire (travel on your own.)
9:00-9:45pm	Closing gratitude circle guided by Naomi leading breathwork, and Suzanne offering energy balancing.
10-10:30	Shuttles to hotels as needed.



Friday's sacred attunement locale.

Saturday Feb. 25

Morning 7:30am pickup or meet at Sol Feather	Soul Activation Journey on the rocks at Yavapai Point Lookout. Commune within the Sisterhood of the Magdalene, with Ascended Master Mary Magdalene. Who are You? As Healer, as Woman, as Guide, as Teacher, as Lover, as Mistress of the The Divine?
10:30am-12p m	Free Time: hot tub, journaling, walking, meditating, discussing.
12-1pm	Lunch provided
1-3pm	Karuna Compassion Soul Activation with Ascended Master Kuan Yin and the Bodhisattvas of Your Soul. Who are you as a Bodhisattva?
3-4pm	Break.
4-6pm	Drumbeat Dance Ceremony with Sabina Sandoval (former drummer for amazing groups like the Bangels, Stevie Wonder, Fleetwood Mac)
6-7pm	Dinner together with Sabina too
Evening	Fun, gathering, hot tub or fire pit experience. One-on-one shamanic work with Naomi and Suzanne. This is a time you may wish to venture into Sedona if you desire (travel on your own.)
9:00-9:45pm	Dream Travel & Inquiry with Naomi Kamla continued.
10-10:30	Shuttles to hotels as needed.

Sunday Feb. 26

Morning Sadhana	Meditate, enjoy a hike or walk with Martha and her dog Sophie, journal, do yoga, enjoy coffee and light breakfast together. Discuss/interpret dreams together with Naomi.
8:30-9:30	Nia Dance
10am-12pm	Closing activations/ceremony with The Council of Love and Archangels who love you so very, very much. What's next? Where do you take this into your life now? How do you move into your reality as More of your divine self in this human experience? How do you manage the dance of both?
12-1pm	Lunch together
1pm	Farewells Martha invites you to remain at Sol Feather through the afternoon if you wish, enjoying the space and peace. Write, sing, talk, commune. We'll help with shuttles as best we can or maybe a group of you staying in Sedona will want to find an amazing restaurant experience Sunday evening? The choices are abundant and limitless to be sure!

About Our Venue: Welcome to Sol Feather

Martha Childress is our splendid host for this retreat and has magically transformed her home into a beautiful center called Sol Feather, pictured here.

We'll enjoy the luxurious array of group and personal areas to sit, talk, take in views, collaborate, receive attunements, restore, and....relax.

Located in the Village of Oak Creek, Arizona, Sol Feather opens to space belonging to the National Forest Service. Travel by foot to an array of scenic vistas. Many splendid views are a very short distance from Sol Feather and each morning Martha will lead sunrise hikes that will bedazzle your senses and open your heart to the Universe. Attunements on Friday and Saturday mornings will occur in scenic sacred locations.



Martha Childress



Savor the beauty of Sedona from sacred Sol Feather, your retreat home for a weekend...



Personal Investment

Pay in Full Option: \$2,000

Pay-in-Full to reserve your spot:

<https://www.suzannealexandria.com/offers/Mt35zGot>

Payment Plan: 3 payments of \$750 to be completed by February 21, 2023

Place initial deposit to reserve your spot followed by 2 other payments to be made February 5 and February 21, 2023:

<https://www.suzannealexandria.com/offers/HYWhzDYW>

Arrange a free discovery call to discuss your participation and any questions at [SuzanneAlexandria.com](https://www.suzannealexandria.com)

Personal Integrity and Responsibility

- * Success through intentional participation is based upon experiences by clients who have said a 'Holy Hell YES!' to themselves & the sacred integration and union of their Mind/Body/Spirit, and who embrace the daily work to liberate & expand themselves as they step into their master healer/intuitive selves.
- * The spots we propose for attunements are short hikes/walks from parking lots. If you will need special assistance, or if this would be difficult, please contact Suzanne to let her know and discuss special arrangements. We will do our best to accommodate special needs as much as possible.
- * Special food needs? Let Suzanne know.

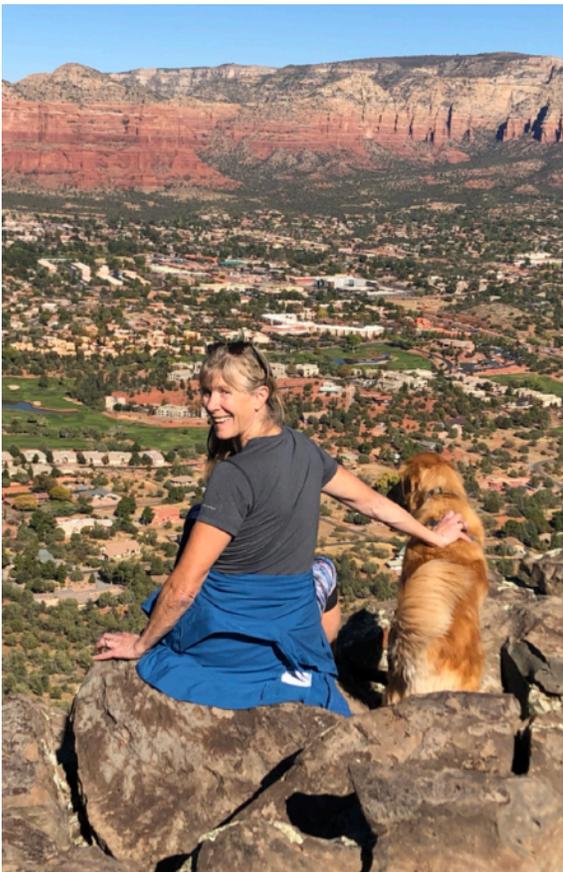
Email Suzanne at [SuzanneAlexandria.com](https://www.suzannealexandria.com) for questions.

Can You Imagine Yourself Here With Us?

Suzanne, Naomi, & Sophie



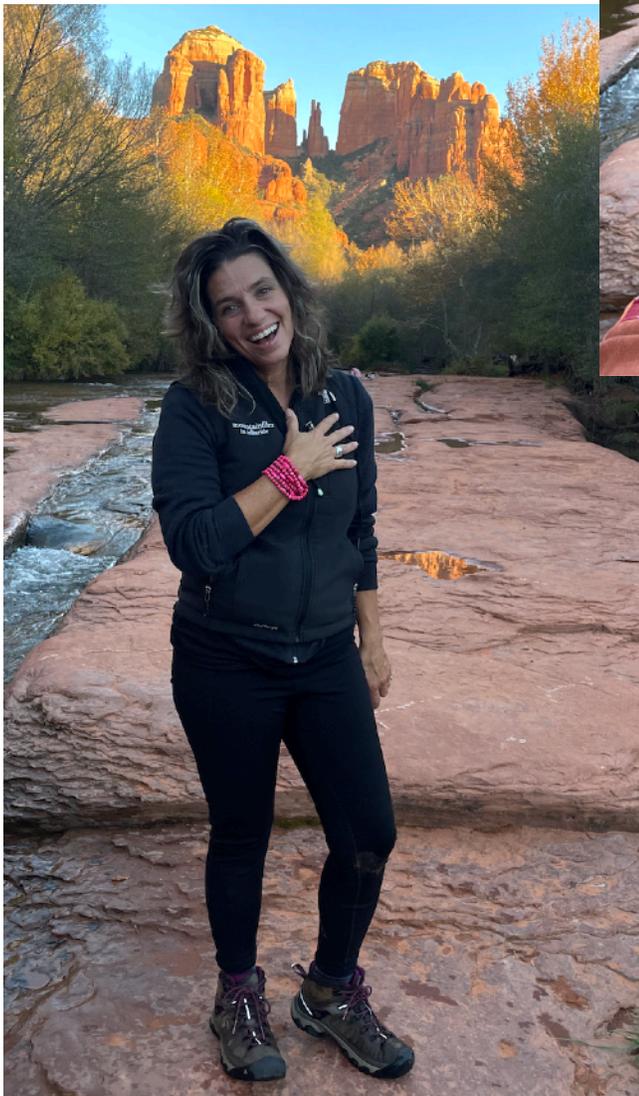
Sunrise + Afternoon Walks...



Your Guides



Suzanne Alexandria



Naomi Kamla



Martha Childress

Travel

We so look forward to enjoying this time with you.

To make things a bit easier, here are some starter suggestions to help you plan.

You'll and we'll do our best to help with shuttle and coordination amongst participants.

- Travel to/from Sedona as best works for you.
- Most people fly into the airport in Phoenix.
- Want to come early or stay later? Let me know as Martha and you may be able to stay in one of Martha's Air BnB rooms.
- Shuttle service from the Phoenix airport called GROOME brings you to local hotels for approx. \$62 one-way. We can arrange transportation from hotels in the Village of Oak Creek. **If you opt to stay further up in the heart of Sedona, then we recommend a rental car.
- We can shuttle you in the morning and after the day's events if you are staying in the Village of Oak Creek.
- Plan to arrive and meet at our retreat center in the Village of Oak Creek by 5pm Thursday February 23 for a light meal of finger foods and informal gathering. We welcome you sooner too—to enjoy the space, get acclimated, meet new friends. Just be sure to coordinate timing with Suzanne and know you will be responsible for keeping yourself occupied—which isn't so hard to do...trust me.
- The retreat will close at 1pm on Sunday February 26 with lunch together. You are welcome to stay on the premises until evening, depending upon flight/travel plans.
- We highly recommend that you give yourself time in blessed Sedona prior to or after this retreat experience. Sedona offers much for the soul and the human body. Take advantage of spiritual/energy services, spend extra time in the vortexes, enjoy meals....the experience is yours to create. It's truly beautiful.
- Bring a suit if you'd like to enjoy the hot tub.
- There's an outdoor shower on the grounds!!!

Hotels Near the Venue

These are some of the hotels in the Village of Oak Creek where Sol Feather is located. We'll use our own cars to shuttle to/from hotels in the Village of Oak Creek before and after each day's events. If you stay in Sedona (a few miles north) or anywhere else, you will be responsible for your own transportation to Sol Feather.

[Hilton Sedona at Bell Rock](#)

[Element Sedona, a Marriott Hotel](#)

[Holiday Inn Express](#)

[Las Posadas of Sedona](#)

*Suzanne will provide the venue name & address privately.

Your Guides for The Journey



Suzanne Alexandria is a

transcendental healer who works with powerful, motivated women and men with a passion to fulfill in this world. She is a healer and trainer of healers and offers courses in intuition, light language, Akashic Records reading, Reiki, and channeling through her Alexandria International Academy. She and her partners who work under her wing called her Practitioner's Marketplace offer an array of modalities and skill-teaching via one-on-one sessions and group coaching & mentoring. Suzanne began her healing journey while still a professional doing all the things in the corporate world in Washington, D.C. After navigating life and management of large programs at places like the U.S. FDA and Health and Human Services, and after encountering severe personal blows including breast cancer and divorce, she began to seek elsewhere for her healing, and her fulfillment. The path she found was long and winding and it has led her to this marvelous place as spiritual

entrepreneur, channel, and coach to some of the brightest intuitives she could imagine. She loves mentoring women who know they have something more to be and do, and who know that it involves their ever-deepening connection with Spirit, and as a transcendent light worker.

Suzanne will be guiding you on this journey in Sedona through deep realms of inner connection with the light that you are AND the Earth that sustains us, assisting you to bring light codes from your higher self and your divinity through to your blessed and abundant life.

Do you know what you want next but aren't sure how it's going to happen? Do you know there's more and you want to see it come to be? Do you want to deepen your inner communion with Sophia (God), the Sacred Mother, Mother Earth, and the divinity of the ascended masters who love you so very much? Then this experience is for you. Join us for a weekend of fun and life-sparking holy communion, within yourself, and with Spirit.



Naomi Kamla is a Spiritual Guide &

Community Educator specializing in intuitive & emotional intelligence. As a visionary healer, she works with a multitude of transformational modalities that provide opportunities for cosmic levels of expansion as well as non-ordinary states of consciousnesses. They include shamanic trance energy work, sacred medicine midwifery, dream circle journeying, channeled soul retrieval, and her favorite, and harmonic divinity love! She has mentored breakthrough results for hundreds of clients in corporate and private one-on-one sessions, group workshops & public speaking for over 25 years in the field of personal empowerment. Naomi's passions include dancing ridiculously, perspective shifting films and documentaries, belly-shaking laughter, exploring new places, savory meals, and intimate,

heart-centered conversations.



Martha Childress owns & runs Sol

Feather. But that's not all. She's also host of the Natural Choice Network Radio show on KKNW in Seattle, and owner and publisher of the Natural Choice Network platform 2016 – 2021, which brought the latest in Natural Health, Green Resources, Natural Foods and Mind Spirit to the Local Puget Sound Area Communities on-line, on-print and on air.

Martha was also a Social Enterprise Committee Member for The Millionaire Club Charity (Now Up-Lift NW) which provided jobs for homeless in the Seattle area 2014-2020. After moving to Sedona and meeting many amazing people who shared a collective vision, it became clear that her next

step was a full transition from the Natural Choice Network to Sedona Spotlight. As part of the original team bringing Clean Water Filters to the Hopi since 2017, Martha continues to be very active as Board Member for Airline Ambassadors Non-Profit and as a fundraiser for the Clean Water Foundation of Washington, to help bring clean safe drinking water to the Hopi and Navaho Tribes and others in immediate need. She believes this support is not only essential – it's ultimately why she and her husband Frank Childress moved to Sedona.



Email suzanne@SuzanneAlexandria.com for additional support and information, or to discuss special needs (dietary, physical.)